

way I see life is that it doesn't matter what hand you get dealt, you play the cards you have. The only thing that separates the winners and the losers is that one person wanted it more than the other. If you want something bad enough, then you'll get it because you'll do what you have to do to get where you want to be.

For me, I spent a couple of years surviving day by day with only what was in my pocket and eating mashed potatoes every night for dinner so I could pay for my charting and datafeeds, and watch the markets every day. I had moments where I wanted to give up, but I kept going and I learned that for every low there's a high, and eventually it all paid off.

What would be your advice to traders who want to trade their own account?

My advice would be to make sure that they have enough capital to give trading a proper go and be flexible in their

trading, because markets change and you need to be able to turn your hand to different strategies if you want to last as a trader. I get a lot of emails from people saying that they want to aggressively grow their account. Don't fall into that trap. As a new trader, you should just focus on being consistent. It doesn't matter what size you are trading or how much you're making. Put in the hard work, be disciplined, and the consistency will come. Once you have that, then you can start worrying about increasing your size.

There are going to be many lows and many highs while you're learning to trade, but when things get hard, keep your chin up and stick with it because you *will* get there in the end if you put the work in. You can never keep a good man down!

Thank you, Kevin!



Gavin Mok

Confidence comes from consistent trading results

Gavin, tell us a little about yourself.

I was born in Malaysia, attended university, and had my first job in Singapore. I now live in Melbourne. I have a full-time job as a billing systems consultant, and I trade part-time from home after work. My focus is on currency trading.

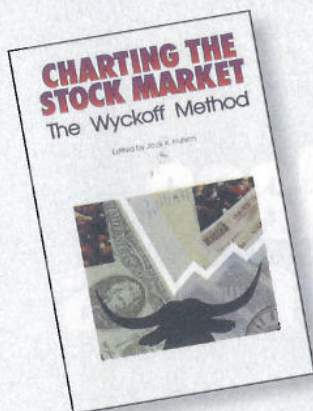
How did you get interested in trading?

I started trading stocks around six years ago. A friend of mine who is now working as a stockbroker recommended a penny stock of a power generator company, Vibropower, that is listed on the Singapore Stock Exchange. With just a \$3,000 investment I was up 60% profit on paper and eventually saw that profit slip down to around 30% after holding onto the stock for about a year. I did not know what I was doing. I sold the stock because my friend told me it was not looking good. At the time I could not read a chart, but I was hooked by the possibility of making good money from the market. Since then, I have put in an enormous amount of time and effort learning both fundamental and technical analysis.

The turning point was when I started trading futures. The very first futures contract I traded was MSCI Singapore Free Index futures (SIMSCI futures). I had pretty good results trading that contract. Though it was not a big fortune, it was good enough for me to move on. Due to my job and migration to Australia, I started shifting my focus into emini trading as well as currency trading. I am now settled and focused on currency trading.

What do you think helped you gain the confidence to trade your own account?

Confidence comes from consistent trading results. I do not have any extraordinarily big winners. Instead, in my records, I have a list of consistent winners. It is these winners that make



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